

Lee Haney's Nutritional Support Systems
DIETARY SUPPLEMENT
WEIGHT GAIN 1500

Formulated by:

Lee Haney's

Nutritional Support System

P.O. Box 142489

Fayetteville, Ga. 30214

For tips on training and diet, please visit our website at:

www.LeeHaney.com

Servings Per Container - 16

Supplement Facts

Serving Size 4 Scoops (143g)

Amount Per Serving	%Daily Value
Calories 610 - Calories from fat 110	

Total Fat 12g (11g from MTC's)	18%
Saturated Fat 1g	5%
Cholesterol 6mg	2%
Sodium 600mg	30%
Total Carbohydrate 89g	30%
Dietary Fiber 0g	0%
Sugars 37g	
Protiens 37g	

Vitamin A 31%	Iodine 6%	Phosphorus 31%
Vitamin E 31%	Magnesium 31%	Iron 31%
Folic Acid 31%	Vitamin D 31%	Copper 9%
Riboflavin 31%	Vitamin C 31%	Thiamine 31%
Vitamin B-6 31%	Niacin 31%	Zinc 31%
Biotin 31%	Vitamin B-12 31%	
Calcium 31%	Pantothenic Acid 31%	

* Percent Daily Values are based on a 2000 calorie diet. Your daily value may be higher or lower depending on your calorie needs.

Calories per gram:

Fat - 9 Carbohydrate - 4 Protein - 4

SUGGESTED USE: Add 2 - 4 scoops of WEIGHT GAIN 1500 one or more times daily to 8 ounces of low fat milk. WEIGHT GAIN 1500 should be taken in addition to regular food intake.

TYPICAL AMINO ACID PROFILE
PER TWO SERVINGS

L - Isoleucine.....2294 mg	L - Glycine.....Trace
L - Arginine.....2294 mg	L - Threonine.....2294 mg

L - Leucine.....	2294 mg	L - Histidine.....	2294 mg
L - Aspartic Acid.....	2294 mg	L - Tryosine.....	2294 mg
L - Lysine.....	2294 mg	L - Proline.....	2294 mg
L - Cystine.....	Trace	L - Valine.....	2294 mg
L - Methionine.....	2294 mg	L - Serine.....	2294 mg
L - Glutamic Acid.....	2294 mg	L - Alanine.....	2294 mg
L - Phenlyalanine.....	2294 mg		

Ingredients: Calcium sodium caseinate, whey, nonfat milk solids, egg albumin, fructose, sucrose, maltodextrins, medium chain tryglycerides, di-calcium phosphate, potassium iodine, magnesium oxide, choline bitartrate, inositol, ascorbic acid, d-calcium pantothenate, niacin, zinc oxide, d-alpha tocopherol acetate, molybdenum aspartate, selenium aspartate, chromium (GTF, picolinate, and polynicotinate), copper gluconate, vitamin A palmitate, ergocalciferol, pyridoxine HCL, thiamine mononitrate, riboflavin, folic acid, biotin, cyanocobalamine, lecithin, natural flavors and vanadyl sulfate.

CAUTION: Not recommended for individuals with an allergy to eggs and should not be used by pregnant or nursing mothers or children under 18 years of age without the advice of a physician. This product is intended to supplement the diet with additional protein and should not be used as a meal replacement. Not for use as part of a weight loss program with the direct supervision of a health care professional. Excessive protein intake may result in impaired kidney function.

CONTAINS MILK AND EGG

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF OUTER SEAL IS DAMAGED OR MISSING.